



Daire Center Menu

Week of September 18 – 22, 2023

Breakfast Served 8:30 – 9:30 AM
Lunch Served 12:00 – 1:00 PM

Monday

Breakfast: TexMex Scramble, Toast, Fruit. Choice of juice and other drinks. **Total Calories: 298**

Lunch: Chicken Fried Rice, Stir Fried Veggies, Vegetarian Egg Roll. Choice of water and other drinks.
Total Calories: 863

Tuesday

Breakfast: Buttermilk Pancakes, Bacon, Fruit. Choice of juice and other drinks. **Total Calories: 264**

Lunch: Meatloaf, Mashed Potatoes, Sautéed Green Beans. Choice of water and other drinks.
Total Calories: 642

Wednesday

Breakfast: Sausage, Egg, & Cheese breakfast sandwich on toasted white bread with Oven Roasted Potatoes, Fruit. Choice of juice and other drinks. **Total Calories: 320**

Lunch: BLT Sandwiches, French Fries, Pecan Pie Bars. Choice of water and other drinks.
Total Calories: 852

Thursday

Breakfast: Pigs in a Blanket, Scrambled Eggs, Fruit. Choice of juice and other drinks. **Total Calories: 373**

Lunch: Mexican Casserole, Refried Beans, Sautéed Corn. Choice of water and other drinks.
Total Calories: 842

Friday

Breakfast: Sausage, Bacon, Egg, & Cheese Breakfast Tacos, Oven Roasted Potatoes, Fruit. Choice of juice and other drinks. **Total Calories: 415**

Lunch: Chicken Fettucine Alfredo, Buttered Peas, Dinner Roll. Choice of water and other drinks.
Total Calories: 824

FOOD ALLERGY NOTICE

PLEASE BE AWARE THAT OUR FOOD MAY CONTAIN OR COME INTO CONTACT WITH COMMON ALLERGENS, SUCH AS DAIRY, EGGS, WHEAT, GLUTEN, SOYBEANS, TREE NUTS, PEANUTS, FISH, SHELLFISH