



Daire Center Menu

Week of January 23 – 27, 2023

Breakfast Served 8:30 – 9:30 AM
Lunch Served 12:00 – 1:00 PM

Monday

Breakfast: TexMex Scrambled, Toast, Fruit. Choice of juice and other drinks. **Total Calories: 298**

Lunch: Thai Basil Beef Stir Fry, Steamed Rice, Stir Fried Veggies. Choice of water and other drinks. **Total Calories: 704**

Tuesday

Breakfast: Buttermilk Pancakes, Bacon, Fruit. Choice of juice and other drinks. **Total Calories: 264**

Lunch: Chicken Pot Pie Casserole, Steamed Broccoli, Buttermilk Biscuit. Choice of water and other drinks. **Total Calories: 697**

Wednesday

Breakfast: Sausage, Egg, & Cheese breakfast sandwich on toasted white bread with Oven Roasted Potatoes, Fruit. Choice of juice and other drinks. **Total Calories: 320**

Lunch: Turkey Club Sandwich, Chips, Chocolate Chip Cookie. Choice of water and other drinks. **Total Calories: 629**

Thursday

Breakfast: Chilaqueles (Scrambled eggs served with tortilla chips & cheese), Sausage Links, Fruit. Choice of juice and other drinks. **Total Calories: 320**

Lunch: Chicken Nuggets, Tater tots, Fruit Cocktail. Choice of water and other drinks. **Total Calories: 643**

Friday

Breakfast: Sausage, Bacon, Potato, Egg, & Cheese Breakfast Tacos, Fruit. Choice of juice and other drinks. **Total Calories: 415**

Lunch: Pasta Primavera with Roasted Chicken, Glazed Carrots, Garlic Roll. Choice of water and other drinks. **Total Calories: 689**

FOOD ALLERGY NOTICE

PLEASE BE AWARE THAT OUR FOOD MAY CONTAIN OR COME INTO CONTACT WITH COMMON ALLERGENS, SUCH AS DAIRY, EGGS, WHEAT, GLUTEN, SOYBEANS, TREE NUTS, PEANUTS, FISH, SHELLFISH