



## Daire Center Menu

Week of September 19 – 23, 2022

Breakfast Served 8:30 – 9:30 AM  
Lunch Served 12:00 – 1:00 PM

### *Monday*

**Breakfast:** TexMex Scrambled, Toast, Fruit. Choice of juice and other drinks. **Total Calories: 298**

**Lunch:** Hamburger Tater Tot Casserole, Dinner Rolls, Mixed Veggies. Choice of water and other drinks.  
**Total Calories: 796**

### *Tuesday*

**Breakfast:** Buttermilk Pancakes, Bacon, Fruit. Choice of juice and other drinks. **Total Calories: 264**

**Lunch:** Greek Lemon Chicken Gyro, Pita Bread, Pasta Salad. Choice of water and other drinks.  
**Total Calories: 727**

### *Wednesday*

**Breakfast:** Sausage, Egg, & Cheese breakfast sandwich on toasted white bread with Oven Roasted Potatoes, Fruit. Choice of juice and other drinks. **Total Calories: 320**

**Lunch:** Loaded Baked Potato, Steamed Broccoli, Buttermilk Lemon Bundt Cake. Choice of water and other drinks.  
**Total Calories: 729**

### *Thursday*

**Breakfast:** Breakfast Fried Rice with bacon, sausage, eggs & cheese, Fruit. Choice of juice and other drinks. **Total Calories: 426**

**Lunch:** Beef Burritos with cheese, sour cream & salsa, Refried Beans, Sautéed Corn. Choice of water and other drinks.  
**Total Calories: 765**

### *Friday*

**Breakfast:** Sausage, Bacon, Potato, Egg, & Cheese Breakfast Tacos, Fruit. Choice of juice and other drinks. **Total Calories: 415**

**Lunch:** Southwestern Chicken Chili, Glazed Carrots, Cornbread. Choice of water and other drinks.  
**Total Calories: 639**

#### FOOD ALLERGY NOTICE

PLEASE BE AWARE THAT OUR FOOD MAY CONTAIN OR COME INTO CONTACT WITH COMMON ALLERGENS, SUCH AS DAIRY, EGGS, WHEAT, GLUTEN, SOYBEANS, TREE NUTS, PEANUTS, FISH, SHELLFISH